

Lochore Meadows Country Park – Outdoor Education Fife Activity Programme 4-19th May

DATE	Morning	Afternoon
Sat 4 th May	Intro to SUP 10-12	Guided SUP Paddle 1-3
		Watersports Hires 1-5.30
	Have a Go Sailing 10-12	Sailing Hires 1-3 & 3.30-5.30
	Cycle Hire 10-1	Cycle Hire 1-5.30
Sun 5 th May	Bushcraft 10-12	Watersports Hires 1-5.30
	Cycle Hire 10-1	Cycle Hire 1-5.30
Mon 6 th May (Bank Holiday)	Cycle Hire 10-1	Cycle Hire 1-5.30
		Watersports Hires 1-5.30
		Guided Mountain Bike Ride 1-3
Sat 11 th May	Intro to SUP 10-12	Watersports Hires 1-5.30
	Have a Go Sailing 10-12	Sailing Hires 1-3 & 3.30-5.30
	Cycle Hire 10-1	Cycle Hire 1-5.30
Sun 12 th May	Guided SUP Paddle 10-12	Watersports Hires 1-5.30
	Cycle Hire 10-1	Cycle Hire 1-5.30
Sat 18 th May	Climbing Wall 10-11 & 11-12	Watersports Hires 1-5.30
	Have a Go Sailing 10-12	Sailing Hires 1-3 & 3.30-5.30
	Cycle Hire 10-1	Cycle Hire 1-5.30
Sun 19 th May	Archery 10-11 & 11-12	Watersports Hires 1-5.30
	Cycle Hire 10-1	Cycle Hire 1-5.30

PRICING

Adult 2hr sessions £20, 1hr sessions £12

U18's 2hr sessions £10, 1hr sessions £6

Watersports, Sailing and Cycle Hire see prices in Outdoor Education brochure for more detail.

PLANNING NOTES – All sessions Maximum 8 people

SUP Age 8+, Under 11 must participate with an adult.

BUSHCRAFT Age 8+, Under 11 must participate with an adult.

GUIDED RIDE Age 11+

CLIMBING WALL Age 4+, Under 8 must have an adult present at session

ARCHERY Age 6+, Under 8 must have an adult present at session