

**Lochore Meadows Country Park – Outdoor Education Fife Activity Programme 27 July – 18 August**

| <b>DATE</b>                 | <b>Morning</b>                   | <b>Afternoon</b>              |
|-----------------------------|----------------------------------|-------------------------------|
| Sat 27 <sup>th</sup> July   | Archery 10-11 & 11-12            | Climbing Wall 2-3 & 3-4pm     |
|                             |                                  | Watersports Hires 1-5.30pm    |
|                             | Have a Go Sailing 10am-12noon    | Sailing Hires 1-3 & 3.30-5.30 |
|                             | Cycle Hire 10am – 1pm            | Cycle Hire 1-5.30pm           |
| Sun 28 <sup>th</sup> July   | Intro to SUP 10-11 & 11.30-12.30 | Watersports Hires 1-5.30pm    |
|                             |                                  | Climbing Wall 2-3 & 3-4pm     |
|                             | Archery 10-11 & 11-12            | Bushcraft 2.30-4pm            |
|                             | Cycle Hire 10am – 1pm            | Cycle Hire 1-5.30pm           |
| Sat 3 <sup>rd</sup> August  | Intro to SUP 10-11 & 11.30-12.30 | Watersports Hires 1-5.30pm    |
|                             | Watersports Splash 10-12         | Birthday Party Slot 2-3.30pm  |
|                             | Have a Go Sailing 10am-12noon    | Sailing Hires 1-3 & 3.30-5.30 |
|                             | Cycle Hire 10am – 1pm            | Cycle Hire 1-5.30pm           |
| Sun 4 <sup>th</sup> August  | Guided SUP 10am-12noon           | Watersports Hires 1-5.30pm    |
|                             | Watersports Splash 10-12noon     |                               |
|                             | Cycle Hire 10am – 1pm            | Cycle Hire 1-5.30pm           |
| Sat 10 <sup>th</sup> August | Intro to SUP 10-11 & 11.30-12.30 | Watersports Hires 1-5.30pm    |
|                             | Have a Go Sailing 10-12          | Sailing Hires 1-3 & 3.30-5.30 |
|                             | Cycle Hire 10am – 1pm            | Cycle Hire 1-5.30pm           |
| Sun 11 <sup>th</sup> August | Cycle Hire 10am – 1pm            | Watersports Hires 1-5.30pm    |
|                             |                                  | Cycle Hire 1-5.30pm           |
| Sat 17 <sup>th</sup> August | Watersports Splash 10-12         | Watersports Hires 1-5.30pm    |
|                             | Have a Go Sailing 10-12          | Sailing Hires 1-3 & 3.30-5.30 |
|                             |                                  | Climbing Wall 2-3 & 3-4pm     |
|                             | Cycle Hire 10am – 1pm            | Cycle Hire 1-5.30pm           |
| Sun 18 <sup>th</sup> August | Archery 10-11 & 11-12            | Watersports Hires 1-5.30pm    |
|                             | Cycle Hire 10am – 1pm            | Cycle Hire 1-5.30pm           |

**PRICING**

Adult 2hr sessions £20, 1hr sessions £12, U18's 2hr sessions £10, 1hr sessions £6

Watersports, Sailing and Cycle Hire see prices in Outdoor Education brochure for more detail.

**NOTES – All sessions Maximum 8 people**

SUP Age 8+, Under 11 must participate with an adult.

BUSHCRAFT Age 8+, Under 11 must participate with an adult.

GUIDED RIDE Age 11+

CLIMBING WALL Age 4+, Under 8 must have an adult present at session

ARCHERY Age 6+, Under 8 must have an adult present at session

WATERSPORTS SPLASH Age 10-15